Proper Mask Usage

Updated April 30, 2020 | Design courtesy of Niagara Health System





How to wear your mask properly



Perform hand hygiene before touching mask. Place mask below the eyes.

Locate the metallic strip and mold it to the nose bridge.



Place an ear loop around each ear or tie the top and bottom straps.



Pull the bottom of the mask to fully cover the nose and mouth, making sure there are no gaps.



Press the metallic strip again. Perform hand hygiene.

How **NOT** to wear your mask when not in use



Do not wear mask below your nose.



Do not push mask under your chin.



Do not raise mask on top of your head.



Do not wear mask around one ear.



Do not wear mask around your neck.



Do not wear mask loosely with gaps on the sides.