



**Jennifer Bent**

Clinical Manager, Medical B,  
Medical C & Integrated  
Comprehensive Care

## Education/Background:

- Bachelor of Science in Nursing – McMaster University
- Master of Health Studies with a focus in Leadership and Teaching – Athabasca University

## Professional Background:

- Clinical management
- Post-secondary education instruction
- Clinical education & best practice
- Emergency nursing
- Surgical inpatient nursing

## Who I work with:

Clinical staff, interdisciplinary team, patients and families, managers, directors across BCHS.

## Expertise:

Leadership principles, evidence informed practice, coaching and mentoring, teaching.

## My passion is:

At work: Delivering patient and family centred care while also promoting teamwork and collaboration amongst the clinical teams and ensuring a respectful and psychologically safe environment.

At home: I prioritize family as an integral part of my well-being. I also love to bike, hike, kayak, read, and travel.



**Angela Burke**

Manager, Professional Practice  
and Education

## Education/Background:

MSN – Family Nurse  
Practitioner/Clinical  
Educator/PACU

Surgical ICU

Surgical Inpatient Nurse

## Who I work with:

Clinical staff, interdisciplinary teams/departments, managers.

## Expertise:

Teaching, training, evidence-informed practice, leadership.

## My passion is:

Professional development, travel, organizing everything.



## Julie Childerhose

Director, Medical Imaging,  
Cardiac Diagnostics & EMG

### Education/Background:

Medical Radiation  
Technologist, X-ray, CT, IR  
training

### Expertise:

- Day to Day operations for Medical Imaging, Capital Equipment replacement
- Leadership supports including learning & development, team effectiveness, engagement, empathic strain, preceptorship and coaching

### Who I work with:

Leaders & teams across BCHS

### My passion is:

Creating a psychologically safe environment where civility, respect, kindness and compassion (for self and others) flourish.

Personally, I love to cook and eat good food, bike, kayak, and read. You can also catch me on a pickle ball court when I'm not relishing moments with my teenaged sons.



## Lee-Anne Cooke

Director, Laboratory Medicine

### Education/Background:

I began my career as a Medical Laboratory Technologist at Grand River Hospital, working as a bench technologist in Biochemistry. My interest in chemistry analyzers and troubleshooting led me to become a key operator on several analyzers. This expertise supported my transition into a senior role. Later, I joined BCHS as a Technical Specialist and have since held multiple leadership positions.

### Expertise:

- Biochemistry
- Training and development
- Leadership and team management

### Who I work with:

I collaborate with an exceptional team of five laboratory department leaders, each bringing unique expertise. Together, we lead a skilled team of MLTs, MLAs, and Pathologists' Assistants, ensuring high standards of quality and patient care.

### My passion is:

My family is my greatest passion—but my work comes a close second. I am deeply committed to advancing laboratory excellence and supporting my team's success



**Amy Griesser**

Clinical Manager NICU,  
Paediatric, PARs, and DEC

## Education/Background:

Registered Nurse: BScN  
McMaster University

Perinatal/ NICU certificate  
George Brown, Neonatal  
Resuscitation Instructor (NRP)

## Expertise:

Women's and Children's  
Health (L&D, Post-partum,  
Gyne, NICU and Paeds).

Roles included:

- Clinical Extern
- Frontline RN
- Clinical Leader
- Clinical Manager

## Who I work with:

"Tiny Humans"

## My passion is:

Family centered/ patient  
centered care. Cooking for my  
large extended family and my  
own 3 tiny humans at home  
(James, Olivia and Charlotte).



**Cindy Hayward-Dale**

Director, Organizational Health,  
Organizational Development,  
Volunteer Engagement

## Education/Background:

Registered Nurse for 29  
years, originally diploma nurse  
then went back for my BScN  
through University of Victoria.  
Additional education and  
certification in Disability  
Management, Occupational  
Health, Claims management,  
Employee Wellness

## Expertise:

Leadership supports including  
learning & development, team  
effectiveness, engagement  
and interventions; empathic  
strain, preceptorship and  
coaching.

## Who I work with:

Work closely with the teams  
in Org. Health, Org.  
Development, Volunteer  
Engagement, Peer Support,  
HR and all teams throughout  
the hospital

## My passion is:

Wellness, challenging oneself  
to try something new as often  
as possible, the outdoors and  
of course being surrounded by  
friends and family.





**Nina Jain-Sheehan**

Director, Service Planning and  
Operational Readiness (New  
Hospital Planning)

### Education/Background:

Honours Bachelor of Science,  
Bachelor of Education and  
MBA

### Expertise:

Expert in healthcare  
leadership, service design,  
quality improvement and  
patient safety. Skilled at  
leading teams and building  
systems that improve care  
and prioritize safety.  
Experienced across provincial  
government, regional health  
systems, and the hospital  
sector.

### Who I work with:

Staff, patients, and  
community partners.

### My passion is:

Passionate about  
collaboration, innovation, and  
creating inclusive healthcare  
environments where everyone  
feels valued. Dedicated to  
advancing diversity, equity,  
and inclusion and helping  
emerging leaders especially  
those from underrepresented  
groups grow and succeed. In  
my personal time, I love to  
cook, travel, and volunteer in  
the community.



**Lisa Keefe**

Director, People and Culture

### Education/Background:

Bachelor of Arts,  
Anthropology

Post Graduate Certificate,  
Human Resources  
Management

### Expertise:

Human Resources – including  
recruitment, retention, labour  
relations, employment law,  
conflict management.

“I have worked in Healthcare  
HR for 20 years. Prior to that I  
worked in the Private Sector  
and Government in HR.”

### Who I work with:

Leadership and Executive,  
Staff, Unions, Organizational  
Health and Organizational  
Development, Ontario Hospital  
Association, and other HR  
Hospital Leaders.

### My passion is:

Supporting everyone at BCHS  
to be their best and contribute  
to a healthy culture.

Personally, I love to travel,  
spend time outdoors in nature  
with friends and family, yoga,  
reading and live music.



**Tanya McDonald**

Senior Organizational  
Development (OD) Consultant

## Education/ Background:

BScN, MSc, Registered  
Corporate Coach,  
CMHA Psychological  
Health and Safety  
Professional,  
Certification in: Critical  
Incident Stress  
Management, MBTI,  
EQi, McQuaig,  
Personalysis,  
Benchmarks Executive  
360s

Assistant Clinical  
Professor (Adjunct)  
McMaster University  
School of Nursing

Nurse at heart!

## Who I work with:

Leaders & teams across the BCHS.

## Expertise:

Leadership supports including learning  
& development, team effectiveness,  
engagement, empathic strain,  
preceptorship and coaching.

## My passion is:

Creating a psychologically safe  
environment where civility, respect,  
kindness and compassion (for self and  
others) flourish.

Personally I love cooking, biking,  
kayaking, and reading—and spending  
time with family and friends is always  
number one.



**Sarah Shackleton**

Change Management Lead

## Education/Background:

- Bachelor of Science in  
Nursing (McMaster  
University)
- Master of Science -  
Health Science Education  
(McMaster University)
- Certified Associate in  
Project Management  
(Project Management  
Institute)
- Certified Change  
Practitioner (Prosci)

## Expertise:

I have worked across the health  
system in nursing, education,  
strategic initiatives & systems  
planning, project management,  
change management, digital  
transformation and innovation.

## Who I work with:

Everyone! Executive teams,  
Leadership Teams, and  
Individual contributors.

## My passion is:

At work my passions are  
collaboration and innovation,  
continuous quality  
improvement, and teaching  
and learning. I can't think of  
anything more exciting than to  
be a life long learner in such a  
dynamic health system. At  
home, my passions are  
pottery, camping/travelling  
and enjoying time with my  
family.



**Neeraj (Raj) Sharma**

Risk Consultant

**Education/Background:**

Bachelor of Arts, Cognitive Behavioural Therapy, Crisis Management, MBA

**Expertise:**

Working with others to identify areas of risk and quality improvement to improve patient (and provider) safety.

**Who I work with:**

Patients, families, and staff across BCHS

**My passion is:**

At Work: Improving quality and patient safety, reducing risks, and supporting positive work environments

At Home: My kids, my bikes, my volleyball, my garden, my travels