

# BUILDING BRIDGES

## PROGRAM

FOSTERING GROWTH AND EFFECTIVE  
RELATIONSHIPS IN TEAM SETTINGS

### → JANUARY ←

January 15: 0900-1100  
WORKSHOPS 1 AND 2  
January 29: 1400-1600  
WORKSHOPS 3 AND 4

### → FEBRUARY ←

February 12: 0800-1200  
WORKSHOPS 1 TO 4

### → MARCH ←

March 19: 0900-1100  
WORKSHOPS 3 AND 4  
March 26: 1400-1600  
WORKSHOPS 1 AND 2

### → APRIL ←

April 16: 0800-1200  
WORKSHOPS 1 TO 4

### → MAY ←

May 14: 0900-1100  
WORKSHOPS 1 AND 2  
May 28: 1400-1600  
WORKSHOPS 3 AND 4

### → JUNE ←

June 11: 0800-1200  
WORKSHOPS 1 TO 4

### → JULY ←

July 16: 0900-1100  
WORKSHOPS 3 AND 4  
July 30: 1400- 1600  
WORKSHOPS 1 AND 2

### → AUGUST ←

August 20: 0800-1200  
WORKSHOPS 1 TO 4

### → SEPTEMBER ←

September 17: 0900-1100  
WORKSHOPS 1 AND 2  
September 24: 1400-1600  
WORKSHOPS 3 AND 4

### → OCTOBER ←

October 15: 0800-1200  
WORKSHOPS 1 TO 4

### → NOVEMBER ←

November 12: 0900-1100  
WORKSHOPS 3 AND 4  
November 26: 1400-1600  
WORKSHOPS 1 AND 2

### → DECEMBER ←

December 10: 0800-1200  
WORKSHOPS 1 TO 4

# BUILDING BRIDGES PROGRAM

FOSTERING GROWTH AND EFFECTIVE  
RELATIONSHIPS IN TEAM SETTINGS

## WHAT TO EXPECT

- Understand Team Roles
- SMART Goal Development
- Understanding Adult Learning Styles
- Foster Critical Thinking Skills
- Build Effective Team Relationships
- Foster Courageous Conversations
- Tools for Appropriate Feedback
- Fostering a Growth Mindset
- Understand Psychological Safety
- Understanding Reflective Practice

For more information, please reach out to Megan Vanrooy,  
Clinical Educator at [megan.vanrooy@bchs.org](mailto:megan.vanrooy@bchs.org)