



# MAMMOGRAPHY

## PATIENT PREPARATION INSTRUCTIONS

Mammographic Procedures	Patient Preparation	Approximate length of procedure
Routine Mammogram Diagnostic Mammogram OBSP Mammogram	On the day of your exam Do Not Use deodorant, body lotion, powder, perfume or essential oils.	15-30 minutes
Stereotactic Biopsy Ultrasound Guided Biopsy Ductogram/Galactogram Fine Needle Aspiration (FNA)	On the day of your exam Do Not Use deodorant, body lotion, powder, perfume or essential oils.  Speak to your doctor if you are on blood thinners.	60 minutes
Contrast Enhanced Spectral Mammography (CESM)	On the day of your exam Do Not Use deodorant, body lotion, powder, perfume or essential oils.  Contact your doctor if you have diabetes and are taking Metformin, have renal disease or allergic to x-ray contrast.	45 minutes
Needle Localization	On the day of your exam Do Not Use deodorant, body lotion, powder, perfume or essential oils.  Follow the instructions given at your pre-op appointment.	60 minutes