

RADIOLOGY / X-RAY PATIENT PREPARATION

Radiology Procedures	Patient Preparation	Approximate Length of Procedure
Abdominal Tube Insertion	<p>Blood work will be checked and blood thinners reviewed.</p> <p>You will be asked to remove all clothing, leaving on your underwear and given a hospital gown to wear</p>	<p>All times are approximate and as each patient is different, a specific time cannot be determined.</p> <p>Plan for a minimum of 2 hours for the procedure.</p>
Arthrogram	<p>If plain films were obtained from a clinic or from a hospital outside of the LHIN, please bring the disk with you to your appointment.</p>	30 Minutes
Chest Tube Insertion	<p>Blood work will be checked and blood thinners reviewed prior to the patient arriving.</p> <p>Patients will be asked to remove all jewelry and clothing from the waist up and be given a hospital gown.</p>	<p>Length of time cannot be determined, as each patient is unique.</p> <p>A minimum of 2 hours can be expected.</p>
Cystogram Voiding/Non-voiding	<p>If you have a catheter in place you will present in the x-ray department. If you need to be catheterized, that will be organized thru ambulatory care or the paediatric unit. Pediatric patients must arrive 1 hour before the exam for catheter insertion.</p>	30 Minutes
Fistulogram/Sinogram	<p>Patients will be asked to remove clothing that may interfere with the affect area and given a hospital gown to wear.</p>	Procedure will take approximately 1 hour.
Hysterosalpingogram	<p>A patient's pregnancy status must be checked before the procedure date. Patients will be asked to remove all clothing from the waist down and given a hospital gown to wear.</p>	Procedure will take approximately 30 minutes.
Joint Injection	<p>Blood test:</p> <p>If you are taking Coumadin/Warfarin, a blood test for INR is required within 5 days of the procedure.</p> <p>If the INR is less than 3, you will not need to discontinue their Coumadin therapy.</p> <p>If the INR is 3 or greater, you should discontinue Coumadin therapy for 3 days before the procedure if possible. The case may need to be discussed with the referring physician.</p> <p>These anticoagulants do not need to be routinely discontinued: ASA/Aspirin Plavix/Clopidogrel Xarelto/Rivaroxaban Eliquis/Apixaban</p>	30 Minutes

	<p>Atrixa/Fondaparinux Pradaxa/Dabigatran Aggrenox/Dipyrimdamole Fibrin</p> <p>Patients on Heparin: Low Molecular Weight Heparin (LMWH)/Lovenox last dose given 12 hours before SQ Heparin last dose 4 hours before IV Heparin stop infusion 4 hours before **PATIENTS MUST BRING THEIR PRESCRIPTION FOR THE INJECTION**</p>	
Lumbar Puncture	Your blood work and blood thinners will be checked prior to procedure. You will be asked to remove all clothing except underwear and will be given a hospital gown to wear.	Procedure will take a minimum 2 hours, with recovery time spent in Ambulatory Care.
Nephrostogram/ Nephrostogram Tube Change	Your blood work and blood thinners will be reviewed prior to procedure. You may have a light breakfast e.g. toast and a drink before the examination.	Procedure is minimum of 45 minutes. You may be need to recover for a minimum 2 hours in Ambulatory care for new tube insertions.
Percutaneous Nephrostomy	<p>Blood tests: The following tests are required 2 to 7 days before the procedure: INR, PT, PTT and Platelets</p> <p>Anticoagulants: Patients should remain off blood thinners prior to the procedure as follows: ASA/Aspirin 5 days Coumadin/Warfarin 5 days Plavix/Clopidogrel 7 days Low Molecular Weight Heparin (LMWH)/Lovenox 1 day SC Heparin last dose 8 hours before IV Heparin stop infusion 6 hours before Xarelto/Rivaroxaban 1 day Eliquis/Apixaban 1 day Atrixa/Fondaparinux 2 days Pradaxa/Dabigatran 2 days Aggrenox/Dipyridamole 3 days Fibrin 1 day</p>	90 Minutes
Paracentesis	<p>Blood test: If you are taking Coumadin/Warfarin a blood test for INR is required within 5 days of the procedure.</p> <p>If the INR is less than 3, you do not need to discontinue Coumadin therapy.</p>	1 to 2 hours

	<p>If the INR is 3 or greater, you should discontinue their Coumadin therapy for 3 days before to the procedure if possible. The case may need to be discussed with the referring physician.</p> <p>These anticoagulants do not need to be routinely discontinued:</p> <p>ASA/Aspirin Plavix/Clopidogrel Xarelto/Rivaroxaban Eliquis/Apixaban Atrixa/Fondaparinux Pradaxa/Dabigatran Aggrenox/Dipyrimdamole Fibrin</p> <p>Patients on Heparin: Low Molecular Weight Heparin (LMWH)/Lovenox last dose given 12 hours before SQ Heparin last dose 4 hours before IV Heparin stop infusion 4 hours before</p>	
Sialogram	There are no dietary or pharmaceutical restrictions for this exam. You will be asked to remove any clothing that may interfere with the area of interest and provided with a hospital gown.	Procedure can take a minimum of 30 mins to 1 hour.
Sniff Test	There are no dietary or pharmaceutical restrictions for this exam. You will be asked to remove everything from the waist up and given a hospital gown to wear.	Procedure takes 10 mins.
Suprapubic Tube Insertion / Change	<p>Blood tests: The following tests must be complete at least 2 to 7 days before the procedure: INR, PT, PTT and Platelets</p> <p>Anticoagulants: Patients should remain off blood thinners prior to the procedure as follows: ASA/Aspirin 5 days Coumadin/Warfarin 5 days Plavix/Clopidogrel 7 days Low Molecular Weight Heparin (LMWH)/Lovenox 1 day SC Heparin last dose 8 hours before IV Heparin – stop infusion 6 hours before Xarelto/Rivaroxaban 1 day Eliquis/Apixaban 1 day Atrixa/Fondaparinux 2 days Pradaxa/Dabigatran 2 days Aggrenox/Dipyridamole 3 days Fibrin 1 day</p> <p>*You must have a full bladder for a suprapubic tube insertion – If patient has a catheter, please</p>	60 Minutes



	ensure it remains clamped to ensure bladder remains full.	
Thoracentesis	<p>Blood test: If the patient is taking Coumadin/Warfarin, a blood test for INR is required within 5 days of the procedure.</p> <p>If the INR is less than 3, you do not have to discontinue Coumadin therapy. If the INR is 3 or greater, you should discontinue Coumadin therapy for 3 days before the procedure if possible. Case may need to be discussed with the referring physician.</p> <p>These anticoagulants do not need to be routinely discontinued: ASA/Aspirin Plavix/Clopidogrel Xarelto/Rivaroxaban Eliquis/Apixaban Atrixa/Fondaparinux Pradaxa/Dabigatran Aggrenox/Dipyrimdamole Fibrin</p> <p>Patients on Heparin: Low Molecular Weight Heparin (LMWH)/Lovenox last dose given 12 hours before SQ Heparin last dose 4 hours before IV Heparin stop infusion 4 hours before</p>	60 Minutes plus Ambulatory Care recovery time
Urethrograms	There are no dietary or pharmaceutical restrictions for this exam. You will be asked to remove clothing from the waist down and be given a hospital gown to wear.	30 Minutes